



Push's Lesson Plan...

## Mixing your life cocktail

The 3 base ingredients for your life cocktail (the mix of things that make you useful to employers) are knowledge, hard (job-specific) and soft (transferable) skills.

**STUDENTS:** draw a STAR next to the skills you're confident in and a CIRCLE around those you currently aren't so strong in.

- **Core competencies (hard/job-specific skills)**
- **Personal talents (soft skills e.g. empathy, focus)**
- **Planning & organisation (time/priority management)**
- **IT & Tech (word, excel, information/social media software, programming)**
- **Intelligence (emotional, social, financial, scholastic)**
- **Problem solving (resourcefulness, critical thinking)**
- **Business/Customer Awareness (enterprise, brand awareness)**
- **Numeracy (useful everyday level, financial budgeting)**
- **Teamwork (punctuality, reliability, flexibility, resilience, working independently)**
- **Communication (interpersonal skills, giving & receiving feedback)**

**STUDENTS,** finish this sentence: "The ways for me to keep developing the ones I starred are"

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**STUDENTS,** finish this sentence: "The possible ways for me to develop the ones I circled are"

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To end up on a suitable career path that you want, you need to develop a desirable mix, using all 5 life cocktail ingredients:

- Knowledge
- Skills
- Experience
- B-A-P (Behaviour, Attitudes, Personality)
- Proof

For each ingredient, write one thing you're already developing and one thing you'd like to develop in the next few years.

Life Cocktail Ingredient	One way you're already developing this ingredient, in or out of school	One thing, within this ingredient, that you'd like to develop in the next few years
<b>KNOWLEDGE</b>		
<b>SKILLS</b>		
<b>EXPERIENCE</b>		
<b>B-A-P</b> (Behaviour, Attitudes, & Personality)		
<b>PROOF</b> (showing you're good, not just saying you are)		